



Name

Age

Emergency Contact

The Bronze award is the first stage of the outdoor climbing award scheme. You should already be fairly confident about climbing from everything you have learnt so far from the bouldering academy and you may already also be competent using ropes but the outdoors brings a whole new group of hazards and skills that you will need to learn about. These awards will take you slightly longer to complete and have two practical tests that will need to be assessed at the rocks and a written test that you can do at home in your own time. Good Luck and enjoy your climbing.

PRACTICAL A

1. Correctly fit a. Climbing Helmet b. Harness
2. Tie a Bowline a. Round Waist b. To Harness
3. Uncoil and recoil rope
4. Demonstrate use of Belay plate & Karabiner

PRACTICAL B

1. Use a guide book to locate a route of 3a or above
2. Assist instructor to set up chosen route.
3. Climb chosen route (Using good technique)
4. Belay for another climber showing safe technique



WRITTEN TEST

1. Explain 3 things that humans have done to damage the rock?
2. Name 3 major climbing areas in Southern England?
3. What is the B.M.C.?
4. Who was Nea Morrin?
5. Can you climb at High Rocks Annexe?
6. Where and what grade are
 - a. Fandango
 - b. Key Wall
 - c. Uganda Wall
7. Explain the English grading System
8. What Footwear is suitable for Southern Sandstone
9. How long should your sling be for Sandstone Climbing
10. Name the climbing calls used on Southern Sandstone

LOG BOOK

Your log book should show evidence that you have climbed a minimum of 10 climbs on Southern Sandstone crags

Bronze Award Test

PRACTICAL A

Equipment Test

Pass

Instructor Initial

PRACTICAL B

Climbing Test

Pass

Instructor Initial

Written Test

May be done at home

Pass

Instructor Initial

Log Book Experience

Pass

Instructor Initial

BRONZE AWARD

Date Passed / /

Instructor